

Health & Wellness Counseling & Education
 Jeanette Dvorak AHC, AHE, Dip. Counseling, ERYT 500+
 koshadiwellness@gmail.com
 916 628 5332

REGISTRATION

Today's Date:	Last name:	First:	Middle:
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CLIENT INFORMATION

Is this your legal name?	If not, what is your legal name?	Marital status:	Birth date:	Age:	Sex:
Yes No					M F
Street address:		Mobile no.:		Home phone no.:	
		()		()	
P.O. box:	City:	State:	ZIP Code:		
Occupation:	No. of children and their ages:			Referred by (please check one box):	
Family	Friend	Doctor	Advertisement	Other	

Other family members seen here:

IN CASE OF EMERGENCY

Name of local friend or relative (not living at same address):	Relationship:	Home phone no.:	Work phone no.:
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Financial Agreement

Based on your session plan

Single Session: \$108.00 90 minute

Online \$65.00 60 minute

Online package of 4 sessions: \$250.00

Package 1- \$225.00 includes 1 90 minute plus 1 60 minute session: (includes intake & evaluation plus 2 sessions)

Package II- \$450.00 90 minute initial intake & evaluation plus 3 75 minute sessions. Four sessions total

10 Session Pack: \$1,000.00 Includes 90 minute initial consultation followed by 9 weekly 60-70 minute sessions

Payments can be made with cash, Venmo, Cash app or a paypal invoice will be emailed if Jeanette is overseas. Payments are due each visit or paid per month according to your program.

Cancellation Policy: Less than 24hrs \$50.00

I have read and understand the financial agreement listed above. Initials _____

Client/ Guardian signature	Date
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Informed consent to receive alternative healthcare

All participants in Ayurvedic health care are advised of the following:

The goal of the program is to create an optimum environment, and to maximize your ability to heal, using the principles of Ayurveda.

Ayurveda is not a medical science.

Jeanette Dvorak is not trained in western medical diagnosis or treatments.

You must consider being evaluated by a medical doctor if you are suffering from a disease or symptom that has not been evaluated by a licensed health care professional. If you choose not to see a medical doctor, you will have to sign an acknowledgment that one was recommended to you.

Jeanette Dvorak will not alter prescriptions.

Koshadi Health and Wellness Counseling is based primarily in Ayurvedic principals and utilizes other evidence based interventions including cognitive behavioral therapy: thoughts, feelings, sensations & beliefs that create actions (behavior). Using the principle that if you change one part of the cycle it will change other parts of your life, along with an emphasis on recognizing that the body (including diet) plays a fundamental role in your overall health and well being and the healthy functioning of your mind.

All work is w-holistic meaning all aspects of your life & environment. Mindfulness is key....

- * A signed consent to counseling will be part of your commitment to Koshadi Wellness Counseling
- * All personal information s will be kept in a secured file
- * Additional emails or texts will be charged at the hourly rate of \$65.00 in increments of 15 minutes

*Im Australian and American which means the spelling in my emails is also from both countries

Client/ Guardian signature

Date